Female Condom (FC2) Training report

All Operational sites

Training dates- June24, 2014-June30, 2014

I. Preparatory Phase

All DICs are notified to fulfill necessary training preconditions like;

- ✓ FC2 tentative plan is prepared and distributed to each operational site.
- ✓ DICs are informed to collect hotel Performa and they acted accordingly
- ✓ DICs are informed to look for skilled trainer(especially who has experience on providing FC trainings) from local partners and they acted accordingly
- ✓ Informed to collect training aid materials like, Female condom and other different promotional materials from TLH-Ethiopia HO, DKT and other partners.

Beneficiaries/Trainees demographic distribution

- ✓ **Sex: -** training participants are all female
- ✓ **Education: -** in order to go according to the plan (Provision and inclusion of pre & post training exam) all operational sites tried to recruit beneficiaries who has at least write.
- ✓ **Targeting: -** in all DICs beneficiaries are selected from different locations like local drink house (Areki bet) based FSWs, hotel/Venue based FCWs and Street based FSWs.

Logistics/ distribution of different IEC & Promotional materials

- ✓ 25 Promotional bags brochures were distributed to each operational sites
- ✓ Even if there is shortage of female condom, sample FC distribution to target beneficiaries was made at each operational sites.

II. Implementation phase

a. Training Methods and Training Aids

The training techniques used during the one day FC2 training were;

- o Projector display and Flip chart, Marker

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- FC2 Video presentation
- Trainee friendly slide show presentations
- Two way information sharing(between trainers and trainees)
- Pre and post training tests
- Group discussions and presentation

The FC2 training was conducted in all Wise-Up Addis Ababa and regional offices. The Selection of trainees for the orientation was mainly focused on those girls who are active, interactive and who are able to share (teach) their peers about FC after attending the training. They were a total of 850 participants comprising 224 from north cluster, 200 from Eastern cluster, 224 from south-western and 201 from central cluster.

The Topics of the workshops were describing the general concept of female condom, what is FC2, how it works, what are the advantages of using female condom, why it's important for FSWs, who can use FC and when, Key steps to follow while using female condom, common misunderstanding of FC, how to avoid such issues, proper way of disposing used FC.

b. Plan Vs Achievement, Schedule and Partners involved

Plan Vs Achievement, Schedule and Partners involved North cluster

No	Site /Operational Area	Physical		Trainer/Facilitator From…
		Plan	Achievement	
1	Debre Markos	25	25	FGAE
2	Bahir Dar	25	25	FGAE
3	Gondar	25	24	FGAE
4	Dessie	25	25	Dessie Hospital
5	Alamata	25	25	Town HAPCO & Health center
6	Mekelle	25	25	Tigray Health bureau
7	Adigrat	25	25	Woreda Health Center
8	Axum	25	25	Town health bureau
9	Shire	25	25	Shire health center

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Plan Vs Achievement South-Western Cluster

No	Operational area/site	Physical		Resource person from…
		Plan	Achievement	
1	Hawassa	25	25	Partners
2	W/Soddo	25	25	Partners
3	Arbaminch	25	25	Partners
4	Mizan	25	25	Partners
5	Nekemte	25	25	Partners
6	Woliso	25	25	Partners
7	Assosa	25	25	Partners
8	Gambella	25	25	Partners
9	Jimma	25	25	Partners
	Total	225	225	Partners

Plan Vs Achievement Central Cluster

No	Operational area/site	Physical		Training round	Resource person from
		Plan	Achievement		
1	Addis Ketema/Gulele	50	50	2times	Partners
2	Arada/Kirkos	25	25		Partners
3	Yeka/Bole	25	25		Partners
4	Ledeta/Kolfe	50	50	2times	Partners
5	Nifas silk/Kality	50	51	2times	Partners
Total		200	201		

Plan /Achievement Eastern Cluster

No	Site /Operational Area	Physical		Trainer/Facilitator From…
		Plan	Achievement	
1	Dukem	25	25	
2	Adama	25	25	Partners

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3	Assela	25	24	Partners
4	Robe	25	25	Partners
5	Shashemene	25	25	Partners
6	Harar	25	25	Partners
7	Diredawa	25	25	Partners
8	Jijiga	25	25	Partners
Total		200	200	

c. Level of participation of sex workers

During the training the trainees were participating actively and some trainees who have experience in using female condom were sharing their experiences, Due to outreach workers coordination skills and trainers readiness the information and knowledge flow was excellent , trainees were raising different questions and answers were entertained by trainers and participants. The group discussions, presentations and demonstrations on female condom set participants level of participation to a higher degree.

Jpg: Female condom training, Group work/Discussion: Jigjiga

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FC2 training:Mekelle and Arbaminch, respectively.

Detail discussion was made on the above issues. Some questions were raised by target beneficiaries like;

- What is the advantage of female condom over male condom
- Doubts related to how to easily adapt internal ring of female condom to vaginal wall
- Threat of migration of the internal ring to the uterus, in case of condom breakage
- Reliability of female condom?
- Can we use female and male condoms together?
- Availability of female condom

To this end, the trainers and facilitators tried to answer the above questions and provided further explanations.

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Jpg: Further Explanation by Outreach workers; Gondar and Arbaminch, respectively

Jpg: FC2 Training: Alamata

Additionally, to evaluate trainee's level of understanding each participants are made to explain/demonstrate each steps of female condom utilization.

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Jpg: Participant demonstration; Gambela & Gondar, respectively

III. Challenges faced

- Even though DKT has informed to its' regional offices to supply 100 Pcs of female condoms to each Wise-Up operational sites; female condom was not available in most of the operational sites
- Some sites were unable to find FC experts;
- Budget delay in some operational sites
- Some participants in Mekelle raised concern on proper utilization of female condom. The reason as explained by the participants is they are more tend to consume alcohols, chat and other drugs so it will be difficult to properly use female condom.

IV. Conclusion

The participants found the FC workshop very important. Because they can use the Condom while they are working and gives them an option in bringing safer sex practice compared to male condom also they said that it is very useful for them while they are working with drunken client. Additionally it is advantageous because they can use it during menstrual cycle period and it gives them full control over the male condom.

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Generally the training is very essential for FSWs to have a safer work environment and a safer sex practice. But for the coming trainings we need to have the following stated points as a recommendation:

- ✓ enough preparation period should be given
- ✓ full information about the whole concept of the training ,i.e how it goes, how to select trainees, how to train them, who is applicable to give the training for them,
- ✓ we need to have enough IEC/promotional materials
- ✓ We have to ensure availability of female condom at each DIC and in the market.
- ✓ If possible we need to gather their feedback after they used the condom.

V. Recommendations and reflections

A. North Cluster Trainees recommendation

- ❖ The overall training content and training presentation was very interesting and helpful(D/Markos)
- ❖ It is better to ensure the availability of female condom in health institutions with affordable cost (D/Markos)
- ❖ "The training was very interesting and we are ready to use FC because it gives us full control over the male and also will help us to prevent HIV/AIDS and unwanted pregnancy"(Shire)

B. Trainers/Facilitators recommendation

- ❖ To make the training easy and understandable Pelvic model should be available for future trainings.(D/Markos)
- ❖ Female condom availability must be ensured (All sites)
- ❖ We have to scale-up the training to reach other unreached FSWs (All sites)
- ❖ It would be better if the training was given in DICs and by Wise-Up outreach workers. Providing at DICs will promote their familiarity and service seeking behavior to DIC services.(D/Markos, Adigrat, Alamata..)

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- More free FC and IEC material distribution is important to disseminate message to those who didn't get a chance to attend Workshops.
- Collecting the feedback from the trainees after they used the condoms
- If possible it better also to give the training for those who are categorized under other MARPs so they can be help full for FSWs to use the condoms
- It might be unaffordable to give training in such cost for so it is better to give the training jointly with male condom trainings at peer sessions.

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Appendix: - Result Example

Pre and Post test percentage shift

No	Operational site	Test Score/Average		Percentage shift	Remark
		Pre	Post		
1	Debre Markos	44%	96%	52%	Positive outcome
2	Bahir Dar	53.3%	67%	14%	Positive outcome
3	Gondar	58.6%	71.3%	13%	Positive outcome
4	Dessie	40.2%	87.1%	47%	Positive outcome
5	Alamata	58%	75%	17%	Positive outcome
6	Mekelle	70%	85%	15%	Positive outcome
7	Adigrat	53.2%	71.7%	19%	Positive outcome
8	Axum	31%	70%	39%	Positive outcome
9	Shire	47%	80%	33%|	Positive outcome